



A film by
JAHANGIR KOSARI

I AM FOROUGH

SYNOPSIS

By focusing on the life of Forough Farrokhzad, film-maker and pioneer of modern Persian poetry, the film portrays one woman's growing self-awareness and personal courage in confronting traditional values.

Forough Farrokhzad, one of Iran's greatest modern poets, provoked uproar by daring to write of female sensuality in the face of society's traditional values. Her awakening found expression in poetry, theatre and cinema, enabling art, as she saw it, to be a 'window through which we see ourselves sing, shout and cry'.

DIRECTOR'S STATEMENT

When I was fifteen, Forough died in an accident. Her death made a huge impression on me, and from then on her life and work fascinated me.

She particularly influenced me especially while studying film-making at university. It was there that the idea of making a movie about her gestated in my mind.

Fifty-five years passed, during which time I learnt more about Forough and the worldwide struggle of women. This film is the result of my intellectual journey and is especially dedicated to the heart-broken women of Iran.

BIOGRAPHY

Jahangir Kosari was born in Tehran in 1950 and obtained a master's in film direction from Tehran University's School of Dramatic Art. After having worked in journalism, he went into both production management and film production, producing a wealth of critically acclaimed, successful movies.

'I AM FOROUGH' is his first feature as director.

CAST

Baran Kosari • Setareh Pesyani • BabaK Karimi • Fatemeh Naghavi
Milad Rahimi • Naser Khodayar • Bahador Bastan • Neshat pourfarahani

CREW

Director: Jahangir Kosari

Screenplay: Jahangir Kosari

Director of Photography: Mahmoud Kalari

Camera: Kouhyar Kalari

Editing: Sepideh Abdolvahab

Original Music: Martin Czerly

Sound Designer: Parviz Abnar

Sound Recordist: Parviz Abnar

Set Designer: Amirhossein Davani

Costume designer: Maral Jeyrani

Make-Up Artist: Mahmoud Dehghani

Still Photographer: Baran Jafari

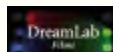
Executive Producer: Neshat Pourfarahani

Producer: Jahangir Kosari

Production Company: Baranak Film

Shooting format 4.5 k • Screening format DCP • Sound 5.1
Ratio 1.33:1 • Original version Persian • Subtitled in English
Running Time 80 min • Year 2022

Fiction • B&W • 80min • Iran



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info@dreamlabfilms.com • www.dreamlabfilms.com